



University of Applied Sciences „Lavoslav Ružička“ in Vukovar,
Croatian Academy of Sciences and Arts,
UCAM Catholic University of Murcia and Osijek Football Club

organize

11th INTERNATIONAL SCIENTIFIC AND PROFESSIONAL CONFERENCE

„PHYSIOTHERAPY IN SPORTS, RECREATION AND WELLNESS“

OPUS ARENA – 4th December 2025.
VEVU – 5th December 2025.

**PRELIMINARY
PROGRAM**



*„Multidisciplinary
Approaches in
Physiotherapy
and Healthcare for
Healthy Ageing“*



4th December 2025.

Opus Arena Osijek

11.00 – 12.00 Registration

12.00 – 12.30

Welcome speeches and opening of the conference

12.30 – 13.00

***prof. Vida Demarin, MD, PhD,
neuropsychiatry specialist***

Brain neuroplasticity in health and disease

13.00 – 13.30

***Stjepan Ćurić, MD,
specialist in orthopedics and traumatology***

Under pressure, above O₂rdinary

13.30 – 14.00

***Marko Zelenić, MD,
specialist in orthopedics and traumatology***

**An orthopedic perspective on sports, recreation and
wellness: How to recognize risky movement patterns in
recreational soccer players?**

14.00 Lunch

5th December 2025.

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9.30 – 10.00 Registration

*Presentations by section start at 10 o'clock.
The schedule of presentations and workshops
will be published later.*

