



**Palacký University
Olomouc**





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Olomouc**



**Faculty of Health
Sciences**

Czech School of Physiotherapy and Occupational Therapy Interdisciplinary Approach in PT and OT VI.

Virtual mobility: 5 – 30th January 2026

In Olomouc: 19 – 23rd January 2026



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Czech School of PT & OT VI.

- ✓ 19 - 23rd January 2026 – Summer School in Olomouc

An intensive week combining the theory and practice of Physiotherapy and Occupational Therapy (practical workshops, clinical reasoning, communication, team cooperation, etc.)

- ✓ 5 - 30th January 2026 – 1-2 virtual seminars

We welcome students as well as academics!!!

Why focusing on interdisciplinary approach in PT & OT?

To provide high quality patient-focused services with documented outcomes; utilizing feedback to improve the quality of care of our patients.

This BIP addresses the broad concept of the necessity of interdisciplinary approach in the fields of Physiotherapy and Occupational Therapy.

We focus on:

- ✓ Team dynamics
- ✓ Psychosomatics
- ✓ Speech and voice therapy
- ✓ Breathing techniques
- ✓ Robotics
- ✓ Ergonomics
- ✓ Pregnancy and post-partum
- ✓ Movement imagery ...





General learning outcomes of the Czech School of PT & OT

Participants will gain practical insights into:

- ✓ The concept of interdisciplinarity approach within the wide spectrum of diagnosis treated by PTs & OTs.
- ✓ The neurophysiological basis of the Movement Imagery and how to use it in various tasks.
- ✓ The role of positive/negative impact of psychosomatics on patients/therapists' life.
- ✓ The broader therapeutic fields that can have an impact on patients/therapists' life and diagnosis.

Participants will also develop basic skills:

- ✓ In the use of various breathing techniques for altering the patient's mental and physical condition.
- ✓ Within the interdisciplinary coordination of the PT/OT team.



Who is the Czech School of PT & OT for?

Healthcare students and staff:

- Physiotherapy
- Occupational Therapy
- Other interested students and staff from healthcare programmes

We would like to welcome 15–20 students and staff from international partners of Palacký University in Olomouc (through BIP)

Previous years participants:

- University of Iceland, Reykjavik (Iceland)
- PXL University of Applied Sciences, Hasselt (Belgium)
- Katolícka Univerzita Ružomberok (Slovakia)
- Satakunta University of Applied Sciences, Pori (Finland)
- Prešov University in Prešov (Slovakia)
- Universidad Francisco de Vitoria, Madrid (Španělsko)
- Universidad Catolica de Valencia (Spain)
- Medical University Sofia (Bulgaria)
- J.J.S. University in Osijek (Croatia)
- Slovak Healthcare University in Bratislava (Slovakia)



Selection criteria and deadline for enrolment

- ✓ Students in 2nd and 3rd year of bachelor degree programme of Physiotherapy or Occupational Therapy (other healthcare professions possible as well) or students in Master degree programmes
- ✓ Bachelor programme students must have completed a minimum of 40 ECTS credits at their home university degree programme
- ✓ Working knowledge of the English language (reading, speaking, writing)
- ✓ Previous clinical experience, either professional or internships
- ✓ Motivation and expectations towards the implementation in own professional career

Ranking based on motivation and English language skills will be performed by each participating University for their students.



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Deadline for enrolment

Ranking of students by the home university and the definite list of all participants must be delivered by

30th November 2026

to the International Coordinator of Czech School of PT & OT

Irena Jedličková

on her email address irena.jedlickova@upol.cz

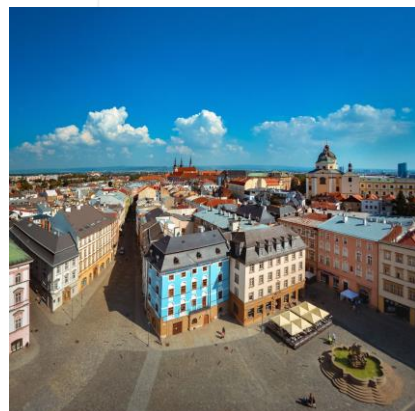


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The city of Olomouc



Olomouc and Palacký University

- ✓ After Prague, the city has the second largest and oldest historic preservation area in the Czech Republic.
- ✓ Second oldest and third largest university in the Czech Republic
- ✓ Center of cultural life (theatres, philharmonic orchestra, cinemas, festivals)
- ✓ Parks and sport facilities





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Get in touch!



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Or visit the official website of [Czech School of PT & OT](https://www.upol.cz/czech-school-pt-ot)

BIP Czech School of PT & OT

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<https://physioschool.upol.cz/>

