

## BIP – LET'S MOVE, DON'T EXCLUDE!

You can expect:

- a variety of physical activities for health and life, such as Nordic walking
- professional hippotherapy sessions conducted in natural surroundings at the Fundacja Stworzenia Pana Smolenia, which energize and inspire
- body & mind balance through yoga, dance and stretching
- practical workshops led by experienced professionals
- teamwork in an international and inclusive environment
- 3 ECTS points



Register



BIP on-site session: 18-22.05.2026

BIP virtual session: 11.05.2026 and 27.05.2026



Funded by  
the European Union



[www.en.ansleszno.pl](http://www.en.ansleszno.pl)



+48 65 528 78 78



[dwz@ansleszno.pl](mailto:dwz@ansleszno.pl)